



REPUBLIC OF TURKEY  
MINISTRY OF INTERIOR  
DIRECTORATE GENERAL OF  
MIGRATION MANAGEMENT

unicef   
for every child

# A Guide to Safe Steps for My Family



# SAFE STEPS FOR MY FAMILY

This guide will help you protect your family, stay safe on your journey back home and at home, and continue learning together.

*Read, talk, and point together—you can start on any page you like with your family.*



## 1. Let's stay safe and peaceful together.

A calm home helps children feel safe, especially during times of change. The attention and patience of each caregiver makes a lasting difference.

- **Maintain daily routines.** Eating, playing, and sleeping at regular times provides comfort and structure.
- **Celebrate small successes.** Praise your child's efforts ("I'm so proud of you!") and boost their self-confidence.
- **Connect through play.** Singing together, telling stories, or doing simple breathing exercises will help everyone relax.
- **Listen kindly.** Be patient when children share their concerns and show them you understand.
- **Stay calm.** Children learn how to control their emotions by watching you.
- **Make eye contact with your child and continue talking to them.** Establish skin-to-skin contact with your baby. You can gently comfort your baby by holding them close, with soft touch and care.



Let's talk about it: "What made you happy today?"

Ensuring children's safety is everyone's responsibility in the family. Clear rules and loving guidance help children feel safe.

- **Stay close in crowded places** — hold hands or keep your child out of your sight.
- **Memorize names and numbers.** Help your child remember your name and phone number.



### Let's Write Together

Three people we trust:

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**Agree on a safe meeting point in Syria.** Choose a simple meeting point and rehearse how you will get there.

Draw or name your safe meeting point.



**NO**

Teach body safety.

*"No one can touch me in a way I don't like. I can say no."*



## 2. Learning Together, Becoming Stronger



Learning gives children hope and pride — and that hope and pride are further strengthened when families learn together.

Prepare these items and store them securely in a folder before embarking on your volunteer return journey:

- ☐ **Ministry of Health Birth Certificate with QR Code** (from hospital or e-government)
- ☐ **Multilingual Birth Certificate (Form A)** (From the Provincial Directorate of Population and Citizenship Affairs)
- ☐ **Consent form** signed simultaneously by both parents (if required) – (Obtained from the Provincial Directorate of Migration Management or border crossing point)
- ☐ **Custody/guardianship decision** (if necessary)
- ☐ **Vaccination card**
- ☐ **Medical reports** (reports issued by a healthcare institution for chronic illnesses, disabilities, medications, assistive devices, allergies, and dietary restrictions, if any)
- ☐ **School documents** (report card for the last completed grade, educational status certificate for intermediate grades , transcript / grade report)

In Syria, education continues at home.



Talk together: *"What new things did we learn today?"*



Activity: **Sing together!**  
*Create your own song together!*

### 3. What should I do if I see something dangerous?



In every family, keeping children safe means teaching them to recognize danger and stay away from it. All caregivers share a common responsibility for children's safety.

Teach your child basic safety rules.

Say something like this: *"If I don't know what it is, I won't touch it."*



Stay away from vacant lots, dilapidated buildings, and areas marked with red signs or warning symbols.



Draw a warning sign:

**Report what you saw.**

If you notice anything suspicious or unusual—for example, an unfamiliar object, a piece of metal, a strange item, or an adult behaving inappropriately (approaching, touching, hugging, kissing, etc.)—report it immediately to a trusted adult.



## Children learn and remember best while playing.

Parents can draw pictures showing “safe” and “unsafe” places.  
Ask the children to describe what characteristics make a place safe or unsafe



Repeat the safety statement every few days.

*“Where do we feel it’s safe to play?”*



**Remember:**



Stay safe ➡ Keep your distance ➡ Report danger

## 4. Emergency Numbers



**112 – General Emergency Services**



**YIMER 157:** – available 24/7 for emergencies and reports, and Monday through Friday from 8:00 AM to 6:00 PM for general inquiries.



**ALO 183:** Family, Women, Children and Disabled Persons Support Line



**UNHCR:** 444 48 68



Free legal support is provided by the Bar Association in your province . You can find the address of your local Bar Association at this link: [www.barobirlik.org.tr](http://www.barobirlik.org.tr)



To access the list of bar associations, you can scan the QR code.

Seeking help is free and provided in complete confidentiality. Be sure to report anyone who is harming or abusing you or your child. You can also speak to staff from a trusted NGO or your local bar association. Asking for help is an act of courage – you are not alone.



**My connections in Syria:**

**The trustworthy person in my neighborhood:**

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**Teacher / Social Worker:**

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## Information on how those returning to Syria can access UNICEF services and support

### Education

For Syrian students who wish to continue their education in Syria, more information:



### Security

More information for families:



More information for children:



### Places Where You Can Get Help in Syria

